

## Stroud Curling Club Fall Policy January 2020 (Rev. 2)

Participation in the sport of curling has inherent hazards. One of these is the risk of slipping and falling on a hard slippery surface. While most incidents are minor and result in a minor bruise or strain and do not require medical attention, the possibility exists for a serious fall resulting in more severe injuries.

It is incumbent on the Stroud Curling Club to put a policy in place for dealing with the more severe cases, the most serious of which is a head injury.

Effective immediately the following policy is in effect for all leagues and rentals at the Stroud Curling Club.

- 1. When a slip or fall occurs all play will immediately cease.
- 2. If the initial evaluation is that ice, rock, sideboard or backboard contact is minor. The individual may continue play and all may return to normal.
- 3. If it is a concern that a bone break or dislocation has occurred, a 911 call for EMS will be made and an evaluation for transport to a hospital or alternate treatment (after hours clinic, on site treatment) will be made by EMS personnel. The injured person may refuse transport but this will be made to the EMS personnel.
- 4. If head contact has been made with the ice or other surface, EMS (911) must be called. An unconscious person should not be moved. A conscious person may be moved to a safer (warmer) surface. If they indicate the capability and desire to do so. Be aware that anyone who has made head contact with the ice may not be in the best position to decide on their own conduct.

EMS personnel will evaluate the person and may recommend transport to hospital. An unconscious person will be transported to hospital. A conscious person may refuse EMS transport. This decision will be between the person and EMS personnel.

In no case may the injured person decide that EMS not be called.

Note: That the person is only charged for ambulance services if they are actually transported by ambulance. On site visit or treatment by EMS is not invoiced.

## **Injury Waiver**

In consideration of acceptance of the rental agreement by Stroud Curling Club ("the club"), I HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE the club and each of its members, officers and employees FROM ANY AND ALL claims, demands, damages, costs, expenses, actions and cause of action, whether in law or equity in respect of death, injury, loss or damage to myself or property, arising or to arise by reason of my participation in the Stroud Curling Club, that has not been contributed to or occasioned by any negligent act, by omission or commission, of any of the aforesaid. Further I acknowledge having read, accepted and agree to fully adhere to the Stroud Curling Club Fall Policy without exception. A copy of the fall policy is above, and can also be found on the website (www.stroudcurling.com) or posted in the club.

Stroud Curling Club recommends that all curlers wear head protection for their own safety. Choosing to curl without head protection is done so at your own risk.

Print Name:			
Signature:			